

ELIZABETH GUTRECHT LYSTER, M.D., M.P.H., F.A.C.O.G.

31852 Coast Highway, Suite 200 Laguna Beach, CA 92651

Phone: (949) 499 - 5311 Facsimile: (949) 499-5312

e-mail: drlyster@urogyn.com

CURRICULUM VITAE

EDUCATION

Undergraduate Cornell University B.A. 1986 (*cum laude*)

Biology and Society,

Women's Studies Concentration

Medical University of California Irvine, M.D. 1990

Internship/Residency White Memorial Medical Center

Los Angeles, California 1990 - 1994

Post-doctoral Master of Public Health,

Community Health Sciences

University of California Los Angeles 1999

Board certification American Board of Obstetrics and Gynecology

Certified, December 1996 (Recertified 2006)

Continuing Education Certified Mohel

Berit Mila Board of Reform Judaism

Hebrew Union College, Los Angeles 2003

LANGUAGES Fluent Spanish and French

Literate in Hebrew

PROFESSIONAL EXPERIENCE

2003 – present Private Practice

Laguna Beach, California

2004 - 2006 ACOG Physician Consultant

District IX Project on Language Access

Laguna Beach, California

2004 - 2006 ACOG Physician Consultant

District IX Project on Language Access

2004 – 2005 BirthChoice, Medical Director

Irvine, California

2004 – present Planned Parenthood

Complex Colposcopy Clinic (Part-time)

2002 – 2003 California Obstetrical and Gynecological Services

Collaborative full-service

OB/GYN practice with midwives

1994 - 2002 La Vida Medical Group, Culver City, California

(formerly Friendly Hills Medical Group/ CIGNA)

1993 Booth Memorial Center, Clinic Physician

Residence/treatment facility for teenage mothers

Los Angeles

FACULTY APPOINTMENT

1995 - present Assistant Clinical Professor, UCLA

Department of Obstetrics and Gynecology

(resident/medical student teaching,

Cedars-Sinai Medical Center)

LICENSURE Licensed State of California 1991 - present

DEA Certification 1991 - present

Approved Supervisor of Physician Assistants

HOSPITAL STAFF PRIVILEGES

Saddleback Memorial Medical Center Laguna Hills, CA

South Coast Medical Center Laguna Beach, CA

San Clemente Hospital San Clemente, CA

California Hospital Medical Center Los Angeles, CA**

Cedars-Sinai Medical Center Los Angeles, CA**

Centinela Hospital Medical Center Inglewood, CA**

Daniel Freeman Memorial Hospital Inglewood, CA**

Little Company of Mary Hospital Torrance, CA**

Torrance Memorial Medical Center Torrance, CA**

(**prior practice locations)

PROFESSIONAL MEMBERSHIPS

American College of Obstetricians and Gynecologists, Fellow

American Medical Women's Association

Orange County Obstetrical and Gynecological Society

ADVANCED TRAINING

February 2007 Bio-Identical Hormone Replacement

October 2006 Advanced Cardiovascular Life Support Certification

August 2006 CPR Certification

May 2002 Business for the OB/GYN

ACOG Annual Meeting, Los Angeles, California

May 1996 Conscious Sedation - Administration & Care of the Patient

CIGNA HealthCare of California

June 1995 Advanced Operative Laparoscopy /

Advanced Operative Hysteroscopy

Saddleback Memorial Medical Center

October 1993 Genetics in Obstetrical and Pediatric Practice

Alfigen - The Genetics Institute

December 1991 Obstetrical Ultrasound

LAC/USC School of Medicine, Women's Hospital

PRESENTATIONS

February 2007 "The Impact of Religion on Health Care in the U.S."

Southern California ORT, Laguna Niguel, CA

January 2007 "Advances in Treatments for Abnormal Bleeding"

Grand Rounds, South Coast Medical Center, Laguna Beach, CA

December 2006 "Express Your Health" Multispecialty Seminar

South Coast Medical Center, Laguna Beach, CA

October 2006 "Maintaining Our Health"

Hadassah, Laguna Niguel, CA

September 2006 "Winning the Weight Loss Game"

South Coast Medical Center, Laguna Beach, CA

November 2005 "Addressing Language Access In Your Practice"

Cabo San Lucas, Mexico

June 2005 "Alternative Treatments for Uterine Fibroids"

South Coast Medical Center, Laguna Beach, CA

February 2005 "Menopause"

South Coast Medical Center, Laguna Beach, CA

March 2004 "Weathering the Storm of Adolescence"

South Coast Medical Center, Laguna Beach, CA

November 2003 "Preparing for Pregnancy"

South Coast Medical Center, Laguna Beach, CA

March 2003 "Understanding and Treating

Culturally Diverse Patients"

Daniel Freeman Memorial Hospital, Inglewood, CA

July 2002 "New Surgical Choices for Abnormal Uterine Bleeding"

California Hospital Medical Center, Los Angeles, CA

June 2002 "New Contraceptive Choices"

California Hospital Medical Center, Los Angeles, CA

June 2002 "Parvovirus B-19 in Pregnancy"

Daniel Freeman Memorial Hospital, Los Angeles, CA

October 2001 Contraception Throughout Women's Life Cycle

Centinela Hospital Medical Center, Los Angeles, CA

November 1996 "Stemming the Tide of Teenage Pregnancy"

AMWA National Meeting, Boston, Massachusetts

April 1994 "Pulmonary Edema"

Women's Healthcare Services Conference,

White Memorial Medical Center, Los Angeles, CA

August 1993 "Benign Conditions of the Breast" (Two-lecture series)

White Memorial Medical Center, Los Angeles, CA

May 1993 "The Changing Scope of Choices for Women in the 1990's"

President's Council of Cornell Women

August 1992 "Chlamydia Screening in Pregnancy"

White Memorial Medical Center, Los Angeles, CA

LEADERSHIP / VOLUNTEER ACTIVITIES

2005 – present Vice President, Rituals Committee

Member, Board of Trustees,

T. J. D. E. F. G. H. I. J. K. L. M. N. O. P. Q. R. S. T. U. V. W. X. Y. Z.

Temple Beth El of South Orange County

2003 – 2004 Member, Rituals Committee

Temple Beth El of South Orange County

2003 – present Class Volunteer, Marian Bergeson Elementary School

2002 - 2003 Co-Chair, Parent Council, Growing Garden Preschool

2001 - 2002 Secretary, Parent Council, Growing Garden Preschool

1995 - 2001 Los Angeles Chapter, American Medical Women's Association

Board of Directors, Previous Program Co-Chair, Member-at-large

1988 - 1989 Event Coordinator - for events attended by 200 - 300 people

1987 - 1989 Team Leader - Outdoor Empowerment Course

1987 American Medical Women's Association

Founder and First President, Student Branch at UC Irvine

1983 - 1986 Cornell Women's Center, Co-Founder

1983 Planned Parenthood, Ithaca, New York

Volunteer lobbyist (Albany, NY)

RESEARCH "Primary Vaginal Carcinoma: A Retrospective Study"

(Manetta, A., Kaminskas, C., Gutrecht, E. Obstetrics and Gynecology 76: 639, 1990)

"The Motivations for Research in Male Contraception"

Senior Honors Thesis, Cornell University 1986

CONTINUING EDUCATION

1987 – present Landmark Education

(Numerous seminars - Communication, Relationships, etc.)

1986 Facilitators Training Program, Toronto, Canada

(Six-month intensive training in leading group educational seminars)

1984 Communication Workshop, Toronto, Canada

(Personal and group communication)

SPECIAL INTERESTS Physical Fitness

Travel and International Culture

(South America, Europe, Asia, Middle East)

Arts and crafts

AWARDS Certificate of Appreciation - City of Los Angeles

November 1995 (For performing laparoscopic bilateral salpingo-oophorectomy on 91-year-old mother of staff member of City Councilman Richard Alatorre)