

essure®

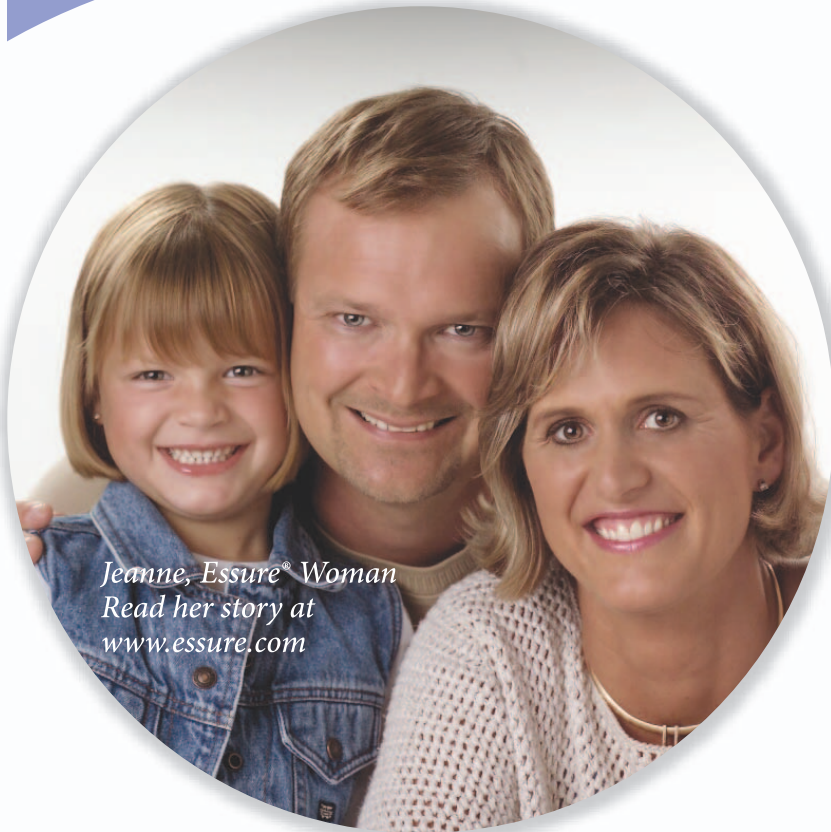
Permanent Birth Control

An Innovation in Permanent Birth Control

If your family is complete and you're looking for a permanent solution for birth control, the Essure procedure was created for you. The Essure procedure offers women a safe, easy, and effective method for permanent birth control:

- 99.80% effective (based on 4 years of clinical data)
- Covered by most health insurance plans
- No cutting into the body
- Quick recovery
- Can be performed in our office with minimal anesthesia
- High patient satisfaction
- Hormone free

Call South Coast Urogynecology today at 949-499-5311 to schedule a free consultation.



*Jeanne, Essure® Woman
Read her story at
www.essure.com*

The *Essure* system is not reversible and should be used only if you want to be sterile (not able to conceive a child) for the rest of your life. Like all methods of birth control, the *Essure* micro-inserts should not be considered 100% effective. Not all women who have the *Essure* procedure will be able to have both micro-inserts placed. You must use another form of birth control for at least three months after the procedure. The *Essure* micro-inserts remain in the body permanently and if removal is necessary, it would require surgery. The *Essure* procedure may not be suitable for all women and there are risks involved. Speak with an *Essure* trained physician to determine if the *Essure* procedure may be an option for you.

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LAGUNA INSTITUTE FOR
AESTHETIC VAGINAL SURGERY

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Red M. Alinsod, MD

Dr. Red M. Alinsod is a pioneer in the field of urogynecology and reconstructive pelvic surgery. His focus on pelvic surgery has led to innovative techniques, materials and devices that are helping to improve patient safety and outcomes. Dr. Alinsod developed a passion for his specialty during his training at Loma Linda University Medical Center, and while heading the Gynecologic Services at George Air Force Base, CA, and Nellis Air Force Base, NV, in the 1990s. Today, Dr. Alinsod has a large gynecology and urogynecology practice in Laguna Beach, CA. His expertise is in vaginal surgery and advanced endoscopy.

He is one of a very few surgeons able to combine the specialties of gynecology, urology, and cosmetic surgery. He is the only gynecologist in Orange County to perform Essure sterilization and endometrial ablations in the office under local anesthetic. Dr. Alinsod also offers specialized surgery to restore and enhance the appearance and function of the vaginal area.

Please visit Dr. Alinsod's informative website at www.urogyn.org/essure.
Email inquiries can be sent to info@urogyn.org.